

DOW MEDICAL COLLEGE
FIRST PROFESSIONAL YEAR MBBS – Batch 2031
FOUNDATION - I MODULE (2026) TIME TABLE: WEEK 7

Days	8:30- 9:30 AM	9:30 - 10:30 AM	10:30 - 12:00 PM	12:00 – 1:30 PM
MON 2/3	PHARMACOLOGY Adverse Drug Reaction and Drug – Drug Interactions PROF. SAUD HASAN NLH-1	MICRIBIOLOGY Structure of Bacterial Cell DR SAMBREEN ZAMEER NLH-1	<ol style="list-style-type: none"> A = HISTOLOGY (Practical) Exocrine Glands DR IQRA BHATTI HISTO LAB B = BIOCHEMISTRY (Practical) Demonstrate the Scheme of CHO Detection& Detect CHO in Given Sample DR TEHMINA BIOCHEM LAB C2 = SKILL LAB Basic Life Support (BLS) SKILL LAB C1 = SELF STUDY D = MICROBIOLOGY (Practical) Bacterial Growth and Culture Media DR MAIRAJ UL ARFIN MICROBIOLOGY LAB E= SELF STUDY F= SELF STUDY 	STUDY SKILLS Stress Management DR WAJEEHA SIDDIQUI NLH-1
TUES 3/3	BIOCHEMISTRY LIPID (Classification, Structure and Function) DR ARISHA SALMAN NLH-1	GROSS ANATOMY Nervous System Division: I CNS and PNS Neurons: (Types and Classification) Nerve (with its covering) and myelin sheath PROF NAHEED KHAN NLH-1	<ol style="list-style-type: none"> B = DR HINA ZEHRA C = DR TEHMINA D = SKILL LAB E = DR MAIRAJ UL ARFIN F = SELF STUDY A = SELF STUDY 	INTRODUCTORY SESSION FOR “Utilizing the LMS” and “Technology as a Learning Partner” PROF. YAHYA NOORI/ MR. MAAZ BIN AHMED NLH-1
WED 4/3	GROSS ANATOMY (DEMO) Integumentary System Parts, Functions, Appendages + Fascia A+B+C = DR AISHA HASAN NLH-1 D+E+F = DR UZMA HAMEED NLH-2	SELF STUDY 10:00 – 10:30 AM	<ol style="list-style-type: none"> C = DR SHANZA KHALIQ D = DR TEHMINA E = SKILL LAB F = DR MAIRAJ UL ARFIN A = SELF STUDY B = SELF STUDY 	GROSS ANATOMY Nervous System Division: II CNS and PNS Neurons: (Types and Classification) Nerve (with its covering) and myelin sheath PROF NAHEED KHAN NLH-1
THURS 5/3	MICROBIOLOGY Gram Positive Cocci DR SAMBREEN ZAMEER NLH-1	EMBRYOLOGY 2 nd Week of Development DR AISHA HAQ NLH-1	<ol style="list-style-type: none"> D = DR IQRA BHATTI E = DR AREEBA F = SKILL LAB A = DR MAIRAJ UL ARFIN B = SELF STUDY C = SELF STUDY 	COMMUNITY MEDICINE Primary Health Care DR VINOD KUMAR NLH-1
Fri 6/3	PHYSIOLOGY Functions of Skin DR ZURQA KHALID NLH-1	BIOCHEMISTRY FATTY ACIDS (Classification, Structure and Function) DR BILAL AZMI NLH-1	<ol style="list-style-type: none"> E = DR HINA ZEHRA F = DR AREEBA A = SKILL LAB B = DR MAIRAJ UL ARFIN C = SELF STUDY D = SELF STUDY 	
Sat 7/3	GROSS ANATOMY Typical Spinal Nerve DR SABAHAT ZAIDI NLH-1	SELF STUDY 10:00 – 10:30 AM	<ol style="list-style-type: none"> F= DR SHANZA KHALIQ A = DR AREEBA B = SKILL LAB C = DR MAIRAJ UL ARFIN D = SELF STUDY E = SELF STUDY 	SELF STUDY